



# MEDICAL TATTOO

**TRAINER:** *Dasha, Senior Cosmetic Tattoo Artist. Dasha has worked in the paramedic and cosmetic tattoo industry since 2010.*

| <i>Class</i>              | <b>One-on-one Training</b>  |
|---------------------------|---|
| <b>Duration</b>           | 1-month pre-study program, culminating in 4 days at the training academy.   |
| <b>Entry requirements</b> | The course does not require prior tattoo machine experience.  |
| <b>Venue</b>              | The training is held at Dasha's studio in Christchurch.   |
| <b>Enrolment deposit</b>  | <p>NZD \$1'500</p> <p>The deposit is strictly non-refundable and non-transferable.</p>  |
| <b>Full cost</b>          | <p>NZD 7'000 + GST</p> <p>The remaining balance of \$5'500 NZD (GST inclusive) is due 30 days prior to the course start date.</p>   |
| <b>Payment Options</b>    | <p>Eftpos, Bank Transfer, Cash, Credit Card- fee 2%.</p> <p>Pre-payment plans are available for all classes.</p> <p>Afterpay options (get now pay later) are not available.</p> |

## *Class Schedule*

| <i>Training</i>                       | <i>Tasks</i>               |   |
|---------------------------------------|----------------------------|---|
| <b>Day 1</b><br><br><b>10am - 4pm</b> | Sanitation                 | sterilization, clean workspace, disposable tools  |
|                                       | Fundamental theory         | Skin Camouflage, colour theory, skin anatomy & Fitzpatrick scale  |
|                                       | Lunch                      |   |
|                                       | Practice                   | on the synthetic skin, mapping tips & tricks  |
|                                       | Questions                  |   |
| <b>Day 2</b><br><br><b>10am - 4pm</b> | Practice                   | on the silicone skin that imitates real skin  |
|                                       | Prepping for the procedure | treatment table and client consultation   |
|                                       | Lunch                      |   |
|                                       | Live model                 | Live model demonstration with hands-on practice!<br><br>Bring your own model or let us provide one for you.   |
| <b>Day 3</b><br><br><b>2 hours</b>    | Live model or live demo    | Live model demonstration with hands-on practice<br>or attend a two-hour demonstration where<br>Dasha will showcase reconstructive tattoo on<br>a client |
| <b>Day 4</b><br><br><b>2 hours</b>    | Practice & Consultation    | Model touch-up: 4-10 weeks after initial training.  |
| <b>Graduation</b>                     | Photo & Video Content      | to assist you in building your portfolio  |
|                                       | Certificate                |   |
|                                       | 6-month support            | online  |

## Overview

### Pre-study program (30 days before the training)

Practice on the synthetic skin:

- Students will be invited to the training academy to receive their student bags and homework. If students are not from Christchurch, the kits will be sent by courier, and the homework will be sent online.
- During the preparation time, students will practice tattoo techniques on synthetic skin using tattoo machines. Their progress will be monitored by the Master.

The student manual will be sent online. By the start of the training at the academy, students must be familiar with the fundamentals.

## Day 1

### Explore:

- Sanitation.
- Skin Camouflage: scars, stretch marks, skin grafts, vitiligo, burns, radiation markers. Methods & Performance for Every Skin Type.
- Client considerations: skin theory, undertones, Fitzpatrick scale, color and method selection.
- **Master color theory:** Understand and identify colors, differentiate them, create desired shades, and work effectively with pigments.
- **Saline tattoo removal:** Learn how to lighten up or remove the tattoo.
- **Healing:** The healing process for different types of skin and age. Aftercare, touch-ups, and preparation.
- **Mapping:** Learn the rules and techniques for crafting personalized design.
- **Delve into procedural aspects:** Perfect body positioning and stretching
- **Technical skills:**
  - Practice on synthetic skin while exploring needle types, machine varieties, needle depth, blending methods, and identifying signs of improper technique.
  - Most importantly, learn the correct way to hold and operate the tattoo machine.
  - Practice all existing cosmetic tattooing techniques to find the perfect fit for your hand and temperament. I have several tattoo machines ideal for medical tattooing, and we'll explore them to find the one that feels best for you.

## Day 2

- **Technique:** Practice on synthetic skin. Pressure & Patterns
- **Prepping for the Procedure**
- **Client Consultation** (Pre-procedure & Aftercare Instructions)
- **Model:** Practice on the invited model under Dasha's supervision. Feel free to bring your own model, or let us find one for you.

## Day 3

There are two options: You can observe a two-hour session where Dasha performs a cosmetic tattoo on a client. This will give you a firsthand look at the procedure. Or you can choose to do another model under Dasha's supervision. Following the session, there will be a one-hour consultation to answer all your questions.

# Day 4

Day 4 of the training, conducted four to ten weeks after your initial training, includes a one-hour consultation and a two-hour touch-up session.

- **Follow-up session for your model:** This session, taking place in either my studio or yours, allows us to assess your model's healed results (as we prioritize healed results over fresh tattoos). If Day 3 is held in your studio, you'll receive guidance on arranging your workspace and recommendations on your positioning near the treatment table.
- **Recommendations:** Based on this assessment, I can provide personalized recommendations for further refinement.
- **Consultation:** Have your questions ready for me. I'm happy to answer anything.
- **Graduation:** The student will receive the certificate of course completion.

## What`s included

| <i>Item Description</i> | <i>Amount</i>  |
|-------------------------|--|
| Student Manual          | I personalize each course to the individual needs of each student, knowing your previous experience will help me prepare a tailored student manual and class schedule for you. |
| Starter kit             |  |
| Certificate             |  |
| Photo & Video Content   |  |
| <b>Total</b>            | <b>\$7` 000.00 (+GST)</b>  |

## Starter kit

- Professional PMU machine
- Pigments
- Assorted needle cartridges
- Hygienic disposable tools
- Practice skins

## Upon Course Completion

- **Receive your Certificate of Completion** to proudly showcase your achievements and launch your PMU career.

## Support

- 6 months of ongoing support, case study to assist you in starting your new career.

## Dress Code

- The first day (theoretical) allows for casual dress. For a professional appearance during practical days, please wear a uniform and closed-toe shoes. When working with clients, hair must be neatly tied back away from your face.

**Prepared by: Dasha**

Last updated on: 31/03/2025