

TRAINER: Dasha, Senior Cosmetic Tattoo Artist. Dasha has worked in the paramedic and cosmetic tattoo industry since 2010.

Class	One-on-one Training
Duration	1-month pre-study program, culminating in 5 days at the training academy.
Entry requirements	The course does not require prior tattoo machine experience.
Venue	The training is held at Dasha's studio in Christchurch.
Enrolment deposit	NZD \$2`000
	The deposit is strictly non-refundable and non-transferable.
Full cost	from 6K to 10K + GST
	The remaining balance is due 30 days prior to the course start date.
Payment options	Eftpos, Bank Transfer, Cash, Credit Card- fee 2%.
	Pre-payment plans are available for all classes.
	Afterpay options (get now pay later) are not available.

Class Schedule

Training	Tasks	
Day 1	Sanitation	sterilization, clean workspace, disposable tools
	Fundamental theory	SMP techniques, colour theory, skin anatomy & Fitzpatrick scale
	Lunch	
	Practice	on the synthetic skin, mapping tips & tricks
	Questions	
Day 2	Practice	on the silicone skin that imitates real skin
	Prepping for the procedure	treatment table and client consultation
	Lunch	
	Live model	live model demonstration with hands- on practice! Bring your own model or let us provide one for you
Day 3	Practice & Consultation	model touch-up: 2 weeks after initial training
Day 4	Practice & Consultation	model touch-up: 4 weeks after initial training
Day 5	Live model or live demo	Live model demonstration with hands- on practice or attend a two-hour demonstration where Dasha will showcase reconstructive tattoo on a client
Graduation	Photo & Video Content	to assist you in building your portfolio
	Certificate	

Overview

Pre-study program (30 days before the training)

Practice on the synthetic skin:

- Students will be invited to the training academy to receive their student bags and homework.
 If students are not from Christchurch, the kits will be sent by courier, and the homework will be sent online.
- During the preparation time, students will practice tattoo techniques on synthetic skin using tattoo machines. Their progress will be monitored by the Master.
- The student manual will be sent online. By the start of the training at the academy, students must be familiar with the fundamentals.

Day 1

Explore:

- Sanitation.
- Scalp Micropigmentation: Master Hairline Design & Camouflage FUE/FUT Scars. Alopecia
 Areata. Methods & Performance for Every Skin Type.
- o Client considerations: skin theory, undertones, Fitzpatrick scale, color and method selection.
- Master color theory: Understand and identify colors, differentiate them, create desired shades, and work effectively with pigments.
- Saline tattoo removal: Learn how to lighten up or remove the tattoo.
- **Scalp Micro Healing:** The healing process for different types of skin and age. Aftercare, touchups, and preparation.
- **Hairline mapping:** Learn the rules and techniques for crafting personalized hairline.
- Delve into procedural aspects: Perfect body positioning and stretching
- Technical skills:
 - Practice on synthetic skin while exploring needle types, machine varieties, needle depth, blending methods, and identifying signs of improper technique.
 - Most importantly, learn the correct way to hold and operate the tattoo machine.
 - Practice all existing cosmetic tattooing techniques to find the perfect fit for your hand and temperament. I have several tattoo machines ideal for scalp micropigmentation, and we'll explore them to find the one that feels best for you.

Day 2

- **Technique:** Practice on synthetic skin. Pressure & Patterns
- Prepping for the Procedure
- Client Consultation (Pre-procedure & Aftercare Instructions)
- **Model:** Practice on the invited model under Dasha's supervision. Feel free to bring your own model, or let us find one for you.

Day 3

Day 3 of the training, conducted two weeks after your initial training, includes a one-hour consultation and a two-hour touch-up session.

- **Follow-up session for your model:** This session, taking place in either my studio or yours, allows us to assess your model's healed results (as we prioritize healed results over fresh tattoos). If Day 3 is held in your studio, you'll receive guidance on arranging your workspace and recommendations on your positioning near the treatment table.
- **Recommendations:** Based on this assessment, I can provide personalized recommendations for further refinement.
- Consultation: Have your questions ready for me. I'm happy to answer anything.

Day 4

Day 4 of the training, conducted two weeks after your initial training, includes a one-hour consultation and a two-hour touch-up session.

- **Follow-up session for your model:** This session, taking place in either my studio or yours, allows us to assess your model's healed results (as we prioritize healed results over fresh tattoos). If Day 3 is held in your studio, you'll receive guidance on arranging your workspace and recommendations on your positioning near the treatment table.
- **Recommendations:** Based on this assessment, I can provide personalized recommendations for further refinement.
- Consultation: Have your questions ready for me. I'm happy to answer anything.
- Graduation: The student will receive the certificate of course completion.

Day 5

As part of your training program, you will have the opportunity to observe a two-hour session where Dasha performs SMP on a client. This will give you a firsthand look at the procedure. Following the session, there will be a one-hour consultation to answer all your questions.

What's included

Item Description	Amount
Student Manual	I personalize each course to the individual needs of each student, knowing your previous experience will help me prepare a tailored student manual and class schedule for you.
Starter kit	
Certificate	
Photo & Video Content	
Total	from 6 to 10K + GST

Starter kit

- Professional SMP machine
- Pigment
- Assorted needle cartridges
- Hygienic disposable tools
- Practice skins

Upon Course Completion

• Receive your Certificate of Completion to proudly showcase your achievements and launch your PMU career.

Support

• 6 months of ongoing support, case study to assist you in starting your new career.

Dress Code

• The first day (theoretical) allows for casual dress. For a professional appearance during practical days, please wear a uniform and closed-toe shoes. When working with clients, hair must be neatly tied back away from your face.

Prepared by: Dasha Last updated on: 31/03/2025