DASHA
COSMETIC & PARAMEDICAL TATTOO

MEDICAL TATTOO

BEGINNER TRAINING

CLASS	DURATION	ENTRY REQUIREMENTS	VENUE
Private one-on-one training	30 days of pre-study, followed by 5 days of private training with Dasha.	Previous tattooing or beauty industry experience is not required.	Aesthetica Clinic in Christchurch, or your own studio by arrangement.

YOUR TRAINER

Dasha — Senior Cosmetic & Paramedical Tattoo Artist

INDUSTRY EXPERIENCE SINCE 2010 · SPEAKER AND JUDGE AT NATIONAL AND INTERNATIONAL CONFERENCES · ETALON MIX AMBASSADOR

My work spans cosmetic and paramedical tattooing, tattoo removal. I work with the Breast Cancer Society, providing areola reconstruction tattooing and creating custom-made nipple and areola prostheses. I also work closely with plastic surgeons, using paramedical tattooing to camouflage post-surgical scars and refine the final result.

DEPOSIT & FULL COST

COMPLETE PACKAGE $13,800

Full cost: NZD $12,000 + GST of NZD $1,800 (NZD $13,800 total).

ENROLMENT DEPOSIT $1,000

Enrolment deposit: NZD $1,000, paid on the day of booking. Your place is confirmed only once it has been received, and dates are not held without payment.

REMAINING BALANCE

Due 14 days before the course starts.

PAYMENT OPTIONS

- Eftpos, bank transfer, cash and credit card (2% fee).
- Prepayment plans are available for all classes: book your training, pay the deposit, then set up fortnightly or monthly direct bank transfers. Training can be booked three months in advance.
- Afterpay and Laybuy are not accepted.
- You'll receive an invoice and a contract to support claiming your training as a business expense.

The deposit is non-refundable. If you choose to cancel your training, the deposit will be forfeited. You may reschedule your training once.

Scar Camouflage + 3D Areola Tattoo + Dark Eye Circle Camouflage: scar camouflage and Inkless Scar Revision (ISR), 3D areola and nipple tattoo, dark eye circle camouflage, belly button reconstruction tattoo, syndactyly (webbed toes) and nail reconstruction tattoo.

HOW TO APPLY

BY APPLICATION ONLY

Private training with Dasha is available by application only. As every programme is taught one-to-one and individually tailored, places are limited. Applicants are selected based on their goals, commitment, experience and suitability for the chosen field.

Apply through the form at spm.nz/training-application. Submitting an application does not guarantee acceptance or reserve a training date. Suitable applicants will receive available dates and an invoice. All training enquiries must be submitted through the application form.

LIVE MODELS

We strive to provide a live model for every training session. If we cannot secure a suitable model, please arrange your own; if no live model is available, practice is performed on medical-grade silicone skin.

TRAINING PROGRAMME

PRE-STUDY

30 DAYS

Online learning Videos and a student manual covering essential tattooing foundations. Collect your student kit and homework at Aesthetica Clinic, or receive them by courier and online if you're outside Christchurch.

Study & practice Dedicate at least one hour per day to study and practice. Over 30 days, you'll work on tattoo techniques using synthetic skin and a tattoo machine.

FOLLOW-UP SESSION

5–10 WEEKS LATER

Return with your model 5–10 weeks after training to assess healed results and perform touch-ups. We prioritise healed results, not just fresh tattoos.

PRIVATE TRAINING

5 DAYS

At Aesthetica Clinic, one-to-one with Dasha
Continuous guidance through each stage of the treatment process:

- **In-depth fundamental theory** of the key principles.
- **Hands-on practice** on latex, mastering all available techniques.
- **Live models** under Dasha's direct supervision and personal guidance.
- **Observation day** shadowing Dasha as she works with clients.
- **Mentorship visit** in your own studio, working on a client with Dasha's support (Christchurch only).

SUPPORT

6-MONTH SUPPORT

Written support by email for six months after training. I'll reply to your emails within four business days.

WHAT THE TRAINING COVERS

The focus extends beyond learning how to perform a procedure.

Skin camouflage: Skin grafts, vitiligo, stretch marks, scars, burns, self-harm scars and radiation markers.

Inkless Scar Revision (ISR): Specialised serums, with no tattoo pigment, to improve scars, stretch marks and burns.

Dark eye circle camouflage: Soft pigment, placed very superficially, to soften blue, purple, grey or brown under-eye tones. It brightens rather than erases.

Reconstructive tattoo: Areola repigmentation and 3D nipple tattoo, areola mapping for a balanced design; belly button reconstruction tattoo, syndactyly (webbed toes) and nail reconstruction tattoo.

Client considerations and colour: Skin theory, undertones and the Fitzpatrick scale; colour theory and working with pigments; colour and method selection.

Technical skills: Needle types, machines, depth and blending, signs of improper technique, and correct machine handling.

Tattoo removal module: The Saline Tattoo Removal Course is included at no additional cost.

WHAT'S INCLUDED

STUDENT KIT

Equipment, needles, pigments and essential treatment supplies, including a professional PMU machine, practice skins and precision mapping tools.

STUDENT MANUAL

A PDF manual, provided online. Issued in the student's name, it is licensed for their personal learning use only and may not be transferred, shared, reproduced, or used to teach others.

PRINTED CERTIFICATE

Dasha issues your certificate once you demonstrate the skills required to perform the treatment safely for clients. Bonus: a code for discounted consumables after training.

PHOTO & VIDEO CONTENT

The models you work on during the training can provide the first examples for your portfolio.

CLINIC DRESS CODE

- Please wear a clean, neat uniform. Any colour is fine.
- Closed-toe shoes are required.
- Hair must be tied back and kept away from your face throughout practical training.
- Keep your nails short or only slightly extended. Long nails can interfere with the precision needed for tattooing.